

# Need a cwtsh? Angen cwtsh?

We offer help and support if you are  
**bereaved or lonely**

The churches of Newport Cathedral and All Saints hold weekly drop-in sessions:

**Newport cathedral**

**Mon 1-3pm**

**St Michael's church hall, Pill**

**Wed 2-4pm**

If you are grieving, feeling lonely or would simply appreciate a cuppa and a friendly chat feel free to drop in or call for more information:

Newport Cathedral Mark

01633 267464

St Michael's

Marcella

07516 921497

**All Saints**

**Newport Cathedral**

**Eglwys yr Holl Saint**

**Cadeirlan Casnewydd**

